

Music Therapy October 2021

Mondays

9:20 Good Morning Melodies
10:30 Melody Circle
11:00 Music Appreciation
1:15 Harmony Time

Tuesdays

*9:30 MT on Main
1:15 Good Afternoon Melodies
2:00 1:1 sessions
3:00 Musical Journeys

Wednesdays

9:15 Good Morning Melodies
10:15 Melodies and Memories
11:00 Piano Tunes
1:00 Karaoke

Thursdays

9:15 1:1 sessions
10:15 Musical Journeys
11:15 Music Appreciation
1:00 "Senior Songbirds" Choir

Fridays

9:15 Good Morning Melodies
10:15 Melody Circle
11:15 Music Appreciation
1:15 1:1 sessions

If you would like to **visit** with an individual who is already in a program, **please let music therapy staff know and we will find a comfortable space for you both to chat.** This will allow the individual to attend to you better and ensure that **our other residents can focus on the music therapy experience without additional distractions.**

Currently, family members/friends are not able to attend group Music Therapy sessions with their loved one.

If you need to **treat/work with** an individual who is in a music therapy session, **if possible, please** allow your person to finish the therapy session. The music therapy staff will be glad to transport the resident to you as soon as their interventions have finished.

Please see Terri Kasprzak MT-BC, LCAT with any questions.